

Develop & Accredit Your Skills

Level 5 Certificate or Diploma in Coaching & Mentoring

If You Want to Develop New Coaching & Mentoring Skills or Accredit Your Existing Ones, this Programme Could be the Opportunity you've Been Looking for

Come and Join us!

Here at The Coaching Bug we think Coaching & Mentoring are important, powerful and something many more people can benefit from. We have made it our mission to positively infect as many people as possible with our enthusiasm for Coaching and this programme is just one of the ways we bring that to life.

This course offers a substantial learning opportunity for those who participate in it, which we believe will continue to have a positive impact on lives, careers and organisations long after the training itself has ended.

We will work with you to develop the skills, knowledge and practices you need to be an effective Coach or Mentor, and we will help you explore the power and potential of Coaching and Mentoring within your organisation or with your clients.

We are committed to your success on this programme and if you are serious about achieving this qualification we are serious about making sure we do all we can to help get you there!

I'm so glad I did the ILM level 5 programme. It was great to be part of a small supportive group with other learners from different professional backgrounds. The programme offered a good balance between formal structure and responsiveness to the interests of the group, and between theory and practice. Karen managed to make it both intellectually challenging and fun, which is no mean feat!

Kate Wafer
[Wafer Hadley](#)

QUALIFICATION DETAILS

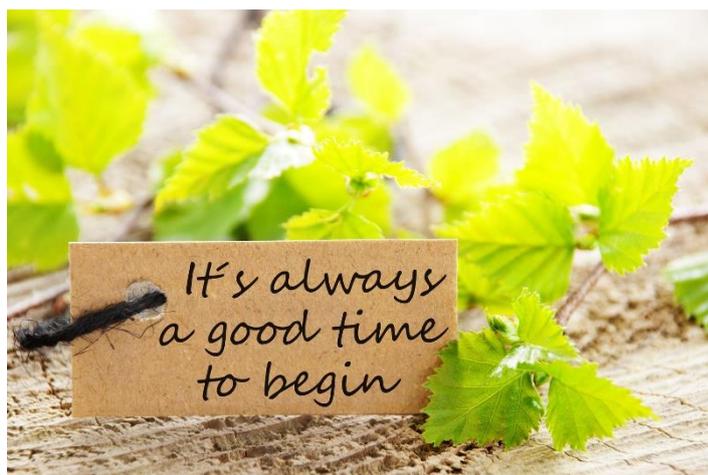
These are national recognised vocational qualifications and their level is equivalent to an undergraduate degree.

They are suitable for managers and those with significant responsibility for effective Coaching and Mentoring as part of their daily role. They are also ideal for individuals who wish to move into a development role or start a career as a freelance Coach or Mentor.

We offer both the **Certificate & Diploma**, and both routes require participants to pass 3 assignments in order to gain their qualification. Assignments take the form of a theoretical essay, and submission of a portfolio evidence which shows records of Coaching & Mentoring practice, and reflective learning.

Level 5 Certificate – You can expect to spend around 160 hours in your study, this includes the time you spend with us and the time you spend in self-directed learning. You must be able to undertake 18 hours of Coaching or Mentoring practice with 2 or 3 individuals and will be required to engage in at least 1 hours of Coaching supervision.

Level 5 Diploma – This route represents a significant and longer-term commitment. Here you can expect to spend around 380 hours in your studies. You must be prepared to undertake 54 hours of Coaching or Mentoring practice with a minimum of 4 and maximum of 9 individuals., You will be required to engage in at least 3 hours of Coaching supervision.



2020 Programme Dates

The programme runs over 7 days. It is expected that you will complete the qualification within 12 – 24 months, depending which route of study you select.

- **Module 1 - Introduction to Effective Coaching & Mentoring Process, Skills & Practice**
14th & 15th May
- **Module 2 - Organisational Context, and Enhancing Professional Coaching & Mentoring Practice**
25th & 26th June
- **Professional Development/ Coaching Supervision & Tutorial Sessions**
24th July, 4th September & 23rd October

Each participant will be assigned a tutor who will provide 1-2-1 support as and when needed throughout their time on the programme.



Venue Details

Recently renovated, the Novotel has onsite parking, riverside views and breakout spaces, and is in walking distance to the town centre.

Novotel – Fishergate, York, YO10 4FD



Programme Costs

	Course Fee	Early Bird Booking
Certificate	£2400	£2200
Diploma	£2900	£2700

Fees are not subject to VAT. Apply, book and pay by 20th March to qualify for the early bird discount.

Doing the Coaching course has given me more confidence as a manager as I'm able to engage in a much more meaningful way with my team, and they are also feeling the benefits as they in turn feel more empowered through finding their own resolutions to issues they come across.

It's been particularly useful in dealing with poor performance, and difficult relationships within the workplace, and performance has definitely improved as a result of my Coaching approach to managing these elements within the team.

On a personal level, I've become much more self-aware and am actually able to coach myself through situations which I would previously have struggled with a bit, so the benefits for me are both in my professional and personal lives.

Fiona Burton – Past Participant
[York Museum Trust](#)

Your Programme Leader



Karen Hickman

Karen will support your learning experience at every stage of the programme from your induction to your graduation.

She is passionate about this course, and about helping you fulfil your own potential within that. Her experience of supporting learning & development inside organisations and as an independent consultant gives her multiple perspectives to share with you in this learning environment.

Supporters & Guest Speakers

We have strong network of experienced coaches and supporters in the York area and you can expect to hear and be supported by some of these as part of your learning experience.

See also [Why Bother with Coaching & Mentoring accreditation?](#)



The ILM Level 5 study enabled me to make the successful transition from a FT100 Corporate Career to running my own Coaching and Mentoring Practice. I really am now 'living my best ever Working Life'

"What I loved was the support we all got, not just through the classroom learning but with our individual assignments. I always looked forward to the regular classroom sessions and felt completely energised and recharged as a result

David Harper
[Haper360](#)

Contact Us

Please contact us for more information.

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E: karen@thecoachingbug.co.uk

W: www.thecoachingbug.co.uk



How to Apply

We will need to understand your starting point for study and get an idea of your previous experience before we can confirm a booking for the course.

This means we need to chat with you and ask you to complete an application form before you can progress with a final booking.

You can **contact us directly**, either by phone or email. We can both get to know one another, and we can decide if this course would provide a good fit for you, and if our approach suits your needs.

Visit our website,

Alternatively, if you're sure you want to apply for the course **complete our application form**. Once this is done we will contact you and if everything looks in order progress your booking.

Our Application Form

This takes about 20 – 30 minutes to complete.